

Helplines, Support Groups & Associations - South Africa

Advice Desk for Abused Women	031 262 5231
AIDS Helpline	0800 012 322
Alzheimers SA	0860 102 681
Brainstorm (Brain injury support group, Benoni)	011 818 4885
BMC Counselling House	011 463 7008
Cancer Helpline	0800 226 622
Cape Heart Community and Educational Theatre Company (www.capeheart.org.za)	021 689 5059
Care Assist (health & psychiatric concerns help line)	011 359 5000
Cerebral Palsy Association	011 789 3065
Child Welfare SA (www.childwelfare.org.za)	011 492 2888
Childline	0800 055 555
Compassionate Friends	011 440 6322; 082 317 4947
Depression & Anxiety Support Group	011 783 1474
Disabled People South Africa (DPSA)	011 333 4505/021 422 0357
Domestic Violence Assistance Programme	031 260 1588
Eating Disorders Unit at Tygerberg	021 797 1400
Family Life Centre (FAMSA)	011 788 4784/5; 011 833 2057
Gay & Lesbian Association	011 982 1016
Headway Gauteng (Head injury www.headway-gauteng.org)	011 442 5733
Hospice (www.hospicepalliativecaresa.co.za)	011 483 9100
Joburg Bipolar Association	082 263 9055
JHB Parent & Child Counselling Centre	011 484 1734
Kidz Clinic (child abuse)	011 982 0404
Lifeline / Counselling Helpline	0861 322 322
Love Life Sexual Health Line	0800 121 900
Mental Health Info Centre (www.mentalhealthsa.co.za)	0800 600 411
Mental Health Society	011 614 9890
Missing Persons Bureau	0860 01 01 11
Narcotics Anonymous	011 485 5248
NICRO	011 403 2953
OCD Association	011 786 7030
People Opposing Women Abuse (POWA)	011 642 4345/6
Post Natal Depression Support Association	082 882 0072
Rape and Trauma Line	021 447 9762; 011 422 4107
Rape Crisis Centre	www.rapecrisis.org.za
Safeline	0800 035 553
SA Society of Mediators	011 465 5879
Schizophrenia Foundation of SA	0860 100 541
Sexual Health Helpline (www.sexualhealth.co.za)	0860 100 262
Stop Gender Violence Helpline	0800 150 150
Teddy Bear Clinic (child abuse)	011 481 5118
Tough Love	011 886 3344
Wits Law Clinic	011 716 8035

Women Against Child Abuse	011 789 8815
Professional Associations from which to Source Practitioners	
Occupational Therapists Association of SA (OTASA)	012 362 5457
Psychology Society of SA (PSYSSA www.psyssa.com)	011 486 3322
SA Society of Psychiatrists (SASOP)	www.sasop.co.za